MINDEN ROSE

THE NEW CROSS AND FILLORY POLKA

Steps : polka, start -inside foot forward first.

Tune : English Polks - Sussex tune

Source : rework of a rework of the Old Cross and Pillory Reels

Title : because of the source & the new building in Gross and Fillery Lame.

Formation : for 8 in column - start facing up.

PART 1

Polka on spot facing up 4 hars hands at sides, all turn on spot, turn each polka, facing out, down, in, up, raising same hand as foot in front - 8 bars in all.

Polka 4 bars facing out, move out a little, turn on spot facing down, in, up, out.

Polka 4 bars facing down on spot, turn on spot facing in, up, out, down.

Polka 4 bars facing partner, moving in to meet, then turn up, out, down, in, end face up. PART 2

Each file cast, left side to left, right to right, dancing small circle, hands at sides for 4 bars. Raise inside sticks and cross in centre and star in same direction for 4 bars. Come out of star at bottom of set and come up centre in single file, odds in front of evens, hands at sides for 6 bars, all \(\frac{1}{4}\) turn so that right hand stick raised and crossed with partner in one line up centre of set, dancers now facing alternate directions, odds to right etc, for 2 bars. The circle and star together go round about \(\frac{1}{2}\) turns.

Quarter turn of partner 2 bars, so that all now facing either up or down set. One of each pair turns on the spot, towards partner, to face same way as partner so that 1st and 3 rd pairs face down and 2nd and 4th up, inside sticks crossed high, 2 bars. Facing pairs change places, top pair going over 2nd, partners sticks still crossed and as pass each pair makes i turn to right as a pair, to reform the line along the centre of the set but now facing alternate directions in pairs, 4 bars in all.

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The two groups of 4, with sticks crossed with neighbours rotate as lines of 4,4 hars to be in lines across the set,3 to move,1 on spot, then continue rotation into single line again, 3 bars,all turn to face own side & move out to place,1 bars. Go straight into reel of 4 on each side - 16 bars, end facing partner. Ends move into centre to form two lines of 4 across set,top line facing down,other facing up,4 bars, top line only turn on spot, turning inwards, to face up,2 bars. Top line only split,each half rotating as a pair outwards,left to left etc, to form a line of 8 across the set with the bottom 4 who move up a little, 2 bars.



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These new groups of 4 rotate as lines of 4 in different direction, 4 bars to be up and down the line of the set, 4 bars to be into line of 8 across, then dance to starting place, top pair are now in centre, bottom at the ends etc. 8 bars to end.